

## **Michigan Alcohol Screening Test (MAST)**

Please check the answers to the following 22 YES or NO questions:

1. Do you feel you are a normal drinker?  
("normal" - drink as much or less than most other people)

Check Answer: YES or NO

2. Have you ever awakened the morning after some drinking the night before and found that you could not remember a part of the evening?

Check Answer: YES or NO

3. Does any near relative or close friend ever worry or complain about your drinking? Check Answer: YES or NO

4. Can you stop drinking without difficulty after one or two drinks?

Check Answer: YES or NO

5. Do you ever feel guilty about your drinking?

Check Answer: YES or NO

6. Have you ever attended a meeting of Alcoholics Anonymous (AA)?

Check Answer: YES or NO

7. Have you ever gotten into physical fights when drinking?

Check Answer: YES or NO

8. Has drinking ever created problems between you and a near relative or close friend? Check Answer: YES or NO

9. Has any family member or close friend gone to anyone for help about your drinking? Check Answer: YES or NO

10. Have you ever lost friends because of your drinking?

Check Answer: YES or NO

11. Have you ever gotten into trouble at work because of drinking?

Check Answer: YES or NO

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12. Have you ever lost a job because of drinking? Check Answer: YES or NO

13. Have you ever neglected your obligations, family, or work for two or more days in a row because you were drinking?

Check Answer: YES or NO

14. Do you drink before noon fairly often?

Check Answer: YES or NO

15. Have you ever been told you have liver trouble, such as cirrhosis?

Check Answer: YES or NO

16. After heavy drinking, have you ever had delirium tremens (DTs), severe shaking, visual or auditory (hearing) hallucinations?

Check Answer: YES or NO

17. Have you ever gone to anyone for help about your drinking?

Check Answer: YES or NO

18. Have you ever been hospitalized because of drinking?

Check Answer: YES or NO

19. Has your drinking ever resulted in your being hospitalized in a psychiatric ward?

Check Answer: YES or NO

20. Have you ever gone to any doctor, social worker, clergyman, or mental health clinic for help with any emotional problem in which drinking was part of the problem?

Check Answer: YES or NO

21. Have you been arrested more than once for driving under the influence of alcohol?

Check Answer: YES or NO

22. Have you ever been arrested, or detained by an official for a few hours, because of other behavior while drinking?

Check Answer: YES or NO